Join us for conversation and community

## **CFF CARES**



As a family member or friend of someone living with CF, we invite you to join others to connect, encourage, and share experiences.

"It was an event I didn't know I needed. I no Ionger feel alone."

– CFF Cares Participant

## Wednesday, November 7, 2018 5:30pm – 7:00 pm Steadfast, 200 East Ave, Rochester RSVP to: <u>rochester-ny@cff.org</u> or (585) 924-0319

Appetizers will be provided

**Important Note on Attendance at Foundation Events:** To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection.

Medical evidence shows that germs may spread among people with CF through direct and indirect contact, as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to an indoor Foundation-sponsored event at a specific time.